

### MD MEDICAL GROUP MARKS 10TH ANNIVERSARY OF FOUNDATION

**19 February 2016,** Moscow – MD Medical Group Investments Plc ("MD Medical Group", "MDMG" or the "Company" – LSE: MDMG), a leading Russian private healthcare provider, celebrates its 10-year anniversary in 2016.

Exactly 10 years ago, the first private maternity hospital in Russia — Perinatal Medical Centre (PMC) in Moscow — was opened, marking the inception of the Group. PMC has grown dynamically and added new services that are often unique for Moscow and Russia, including personalised medical treatment, endovascular operations, advanced methods in assisted reproductive technologies and preimplantation diagnosis. Since the opening of the hospital, approximately 25,000 children have been born and more than 10,000 IVF cycles were completed at PMC, driving the Group's leadership on the market.

MD Medical Group has reached its 10-year milestone as a leader in the healthcare sector in Russia. Throughout this period, the Group has maintained its focus on its core specialisation of women's and children's healthcare, while also expanding the range of services it offers to all family members. Today, four hospitals of the Group provide specialised medical services in surgery, traumatology, cardiology, urology, and other areas. Since the opening of PMC, the Group has not only significantly strengthened its position in the Russian capital, but also expanded into new regions. Currently, four hospitals and 25 clinics of the Group daily provide high-tech services in 14 major regions of Russia, from St Petersburg to Irkutsk.

#### Mark Kurtser, Chairman of the Board of Directors of MD Medical Group, said:

"It has been 10 years since we opened our Perinatal Medical Centre, the first private maternity hospital in Russia. It is hard to count the occasions on which we demonstrated our market leadership: we were first to implement innovative technologies, first to offer new and unique services in a number of regions, we are the top private player in terms of deliveries and completed IVF cycles in Russia.

"We are tremendously happy to see our children growing up. Many of the children who were born at PMC 10 years ago are still being cared for by our paediatricians today. We are growing together with the children — from our first hospital in 2006 to 29 hospitals and clinics and leadership of the private healthcare market in Russia. This is a truly impressive result for a period of 10 years.

"I would like to thank our clients for their trust and faith, as well as our team of nearly 6,000 people, which, I believe, is by rights the best team in Russia. Every day, my colleagues and I provide medical services needed by patients across the country. And we are committed to further growth to make it possible for residents of various parts of Russia to receive high-tech medical care.

"This year we celebrate our first anniversary, and I strongly believe there are many more new wins and happy families ahead."

# For further information please contact:

**Investors** Media

Elena Romanova EM
MD Medical Group Investments Plc Moscow

Tel: +7 495 331 4120 Tom Blackwell / Sergii Pershyn

e.romanova@mcclinics.ru Tel: +7 495 363 2849 MDMG@em-comms.com

# **About MD Medical Group**

MD Medical Group operates in the highly attractive Russian private healthcare service market and has a leading position in high-quality women's health and paediatrics. The company manages 29 modern healthcare facilities, including 4 hospitals and 25 outpatient clinics in Moscow, St. Petersburg, Ufa, Perm, Samara and Samara region, Irkutsk, Novosibirsk, Irkutsk, Yaroslavl, Ryazan, Novokuznetsk, Krasnoyarsk, Omsk, and Barnaul.

The Company's shares have been listed on the London Stock Exchange (LSE ticker "MDMG") in the form of Global Depositary Receipts (GDRs) since 12 October 2012.

# **Forward-Looking Statements:**

This press release contains forward looking statements, which are based on the Company's current expectations and assumptions and may involve known and unknown risks and uncertainties that could cause actual results, performance or events to differ materially from those expressed or implied in such statements. The forward looking statements contained in this press release are based on past trends or activities and should not be taken that such trends or activities will continue in the future. It is believed that the expectations reflected in these statements are reasonable, but they may be affected by a number of variables which could cause actual results or trends to differ materially, including, but not limited to: conditions in the market, market position of the Company, earnings, financial position, cash flows, return on capital and operating margins, anticipated investments and economic conditions; the Company's ability to obtain capital/additional finance; a reduction in demand by customers; an increase in competition; an unexpected decline in revenue or profitability; legislative, fiscal and regulatory developments, including, but not limited to, changes in environmental and health and safety regulations; exchange rate fluctuations; retention of senior management; the maintenance of labour relations; fluctuations in the cost of input costs; and operating and financial restrictions as a result of financing arrangements.

No statement in this press release is intended to constitute a profit forecast, nor should any statements be interpreted to mean that earnings or earnings per share will necessarily be greater or lesser than those for the relevant preceding financial periods for the Company. Each forward looking statement relates only as of the date of the particular statement.